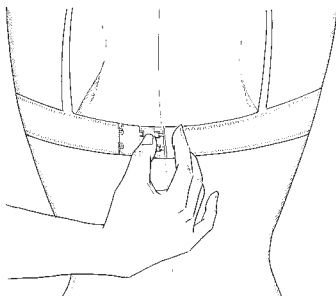


## WORST-CASE SCENARIO®

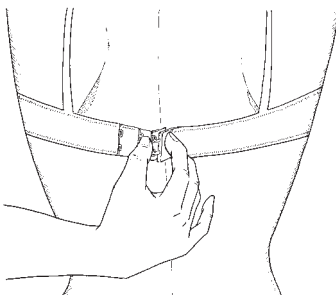
# HOW TO REMOVE DIFFICULT CLOTHING

## BACK-CLASPING BRA (WITH ONE HAND)

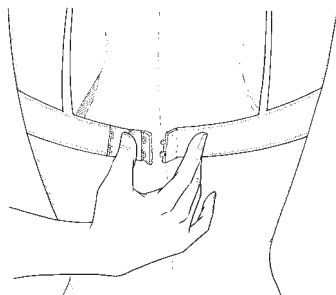
- 1 Move your date forward.**  
If your date is lying on her back or leaning against a sofa, you will not have the necessary space to attempt this maneuver. Use a gentle embrace to guide her into a position so that you have access to her back.
- 2 Visualize the clasp.**  
Most bras have a hook-and-eye closure. The hooks are generally on her right side; the eyes will be on her left side.
- 3 Reach your right hand around to the clasp.**  
Bend your index finger over the bra clasp and place it between the fabric and her skin.
- 4 Brace your thumb against the eyes of the clasp.**
- 5 Holding your index finger down, push the hook-side of the bra with your thumb.**  
It may take a few attempts before you get good at this, so do not be discouraged—try again.
- 6 Slide the now-open bra off her arms.**



*Brace your thumb against the eyes of the clasp.*



*Holding your index finger down, push the hookside of the bra with your thumb.*



*Slide the now-open bra off her arms.*

## Be Aware

The bigger the breasts, the bigger the challenge, since the closure on her bra is bearing more weight and is likely to be more taut.

## FRONT-CLASPING BRA

### 1 Determine the type of clasp.

There are two different varieties: a pin-in-slot clasp, which has a pin inserted vertically in a slot, and a clicker clasp. Clicker clasps, when closed, often look like a circle or an oval.

### 2 For a pin-in-slot clasp, pull the pin upward.

This will free the two cups, and you can proceed to step 4.

### 3 For a clicker clasp, push both ends away from you.

Place your thumbs at the center of the clasp and, using a motion similar to snapping a small wafer in half, apply pressure until it unclicks. Then lift up and separate the two halves of the closure. Depending on the clasp, you will need to raise either the left side or the right side first; try it one way, then the other.

### 4 Slide the now-open bra off her arms.

## Be Aware

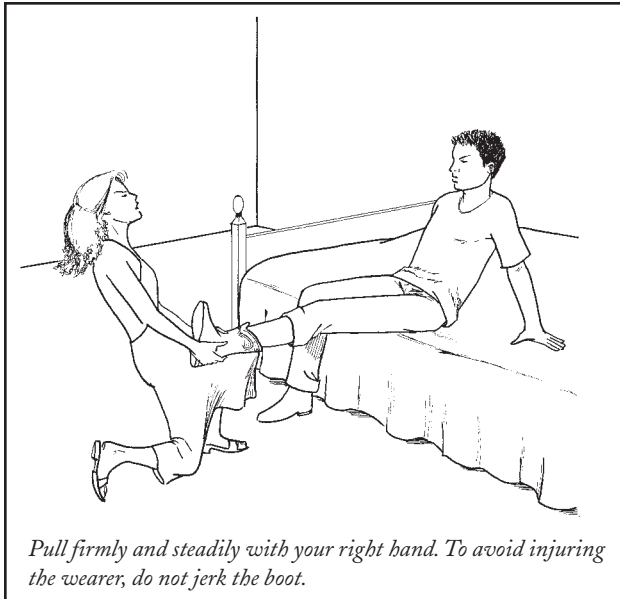
To maximize intimacy, maintain eye contact throughout the entire process. Do not look away unless you need to take a quick glance at the closure.

## TIGHT BOOTS

### 1 Sprinkle powder down the shaft of each boot.

Talcum powder or baking powder will reduce the sweat and humidity inside the boots, making them easier to remove.

### 2 Position your date on the edge of a bed or couch.



*Pull firmly and steadily with your right hand. To avoid injuring the wearer, do not jerk the boot.*

### 3 Position yourself opposite your date.

Sit in a chair braced against a wall, or rest one knee on the floor with the other foot flat on the floor.

### 4 Cup the heel of the boot in your right hand.

Place your left hand on the area of the boot that covers the front of the leg/shin. Instruct your date to relax the foot in the boot.

### 5 Pull firmly and steadily with your right hand.

You should feel some give in the heel. When you cannot move the boot anymore, gently rock the boot back and forth. Your date should point the foot only slightly. To avoid injuring the wearer, do not jerk the boot.

### 6 Slide the boot off slowly.

Caress the newly released foot.